

Stephanie Mead



Originally from Rochester, NY, Coach Mead played her club ball with the Rochester Ravens Youth Premier Program. As former captain at UVM, she earned a starting spot in the Vermont defensive unit as a freshman and never left the lineup. She played in all 72-career games, earning 69 starts. As a senior, Mead anchored a Catamount defense that posted a 1.35 goals against average as a team and allowed just 26 goals in 2004, the best mark since 1996. She was named to the America East All-Conference Second Team in 2004. Mead also earned a spot on the Brown and Gold All-Tournament Team in Laramie, Wyoming after helping the Catamounts win the tournament championship.

Coach Mead graduated with a Bachelor of Science degree and was presented with the Seman's Trophy by the UVM Athletic Department as a senior. The prestigious honor is presented to the senior male and female student-athletes who have demonstrated a high level of athletic achievement and who earned the respect and regard of fellow students for leadership, loyalty, and service to the university. The UVM Women's Center and Women's Studies Department named Mead the Student-Athlete of the Year in 2005. The honor is presented annually to a female student-athlete who has made significant achievements in her sport, academic and service to the campus community.

Mead served as the assistant coach with the University of Vermont division 1 women's program from 2007-2009. For 3 seasons, Coach Mead was responsible for the team's video analysis, recruiting, and assisting with travel accommodations, as well as on-the-field defensive tactical play.

Coach Mead holds the National Coaching Diploma from the National Soccer Coaches Association of America (NSCAA). In 2011, Mead was honored with the Capital Soccer Club's "Impact Award" for her hard work and dedication to the club's youth players.

Coach Mead begins her 8th year with the Capital Soccer Club out of central Vermont, with the privilege of coaching the U13 Boys and the U14 Girls. In her time with the club, Coach Mead has worked with nearly every age group from U10-U18, and on both the girls' and boys' sides. Coach Mead led the U17 girls to a State Cup victory in 2008 and was on the sidelines when the U12 Boys team competed in the 2011 Regional Tournament in Pennsylvania.